

SUMMER A - MIRAMAR & PEMBROKE PINES - OLLI AT FIU - PH. 305-919-5900

FORMAT	LOCATION	DAY	DATE(S)	WEEK(S)	START	END	TITLE	DESCRIPTION	INSTRUCTOR	TUITION	MEMBER FEE
Course	FIU at I-75	M	5/1-6/12	5	10:00 AM	12:00 PM	Drawing for Longevity - FIU at I-75	Introductory drawing class. This course is designed to increase hand/eye coordination, cognition, and memory through using art techniques - No art experience required. Just a willingness to exercise mental wellness. Exercising your creativity leads to increased quality of life as people age. Drawing has been shown to enhance memory recall and reduce anxiety. Regular practice has led to major improvements for those with moderate or severe depression. Creating art helps lower a person's pain perception and improves overall cognitive functioning. The research support many benefits for adults who partake in an art program. Moreover, drawing offers the opportunity to leave behind a legacy of art for those you love.	James Warwick	\$75	\$50
1-Time Lecture	Pembroke Pines Jewish Center	T	5/2	1	10:30 AM	12:00 PM	Israel at 75	Israel at 75: How a land is reflected in it's music, which gives form to dance, worship, song, and community.	Alan Mason	\$20	\$10
Course	FIU at I-75	W	5/3-6/7	6	3:00 PM	4:30 PM	Mente, cuerpo y alma: energías universales en acción	La magia del universo te espera. Únase a Dora Gabay para un curso de 6 semanas que explora la ley de la atracción, el poder de la mente y el lenguaje corporal. Aprenda a aprovechar las energías universales y empodérese para crear la vida que desea.	Dora Gabay-Chuchani	\$50	\$35
Social Activity	FIU at I-75	SA	5/6	1	10:00 AM	12:00 PM	Drawing for Longevity presented by AvMed	Introductory drawing class. This course is designed to increase hand/eye coordination, cognition, and memory through using art techniques - No art experience required. Just a willingness to exercise mental wellness. Exercising your creativity leads to increased quality of life as people age. Drawing has been shown to enhance memory recall and reduce anxiety. Regular practice has led to major improvements for those with moderate or severe depression. Creating art helps lower a person's pain perception and improves overall cognitive functioning. The research support many benefits for adults who partake in an art program. Moreover, drawing offers the opportunity to leave behind a legacy of art for those you love.	James Warwick	\$0	\$0
1-Time Lecture	PPJC	T	5/16	1	10:30 AM	12:00 PM	All the News That's Fit to Discuss	This lecture will explore the current events taking place around the world at the time of the lecture. This session will be facilitated by Dr. Alan Fisher. Fisher has taught at the University of North Carolina, Tel Aviv University, San Diego State University, and California State University Dominguez Hills. He teaches several courses for OLLI at FIU on American political thought and the Constitution.	Alan Fisher	\$20	\$10
1-Time Lecture	PPJC	T	5/23	1	10:30 AM	12:00 PM	Germany and Israel - an unlikely Friendship	In 1965 Germany and Israel reluctantly entered into diplomatic relations. What at first glance seems to be a rather unlikely relationship –especially in light of the shared history– has evolved over time into a blossoming friendship and successful economic bond. On the occasion of Israel's 75th birthday, join your new OLLI Program Director Anette Isaacs as she discusses the fascinating history of German- Israeli relations.	Anette Isaacs	\$20	\$10

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1-Time Lecture	PPJC	T	5/30	1	10:30 AM	12:00 PM	Mendel Beilis of Kiev	The notorious "Blood Ritual Murder" Trial of 1913 was the foundation for Bernard Malamud's award-winning novel, <i>The Fixer</i> . It was a momentous event that shook the international world of diplomacy and foreign affairs. Beilis, a Ukrainian Jew living in Kiev under Czar Nicholas II, was imprisoned in a dungeon for more than two years and stood accused of murdering a Christian boy to obtain his blood for the baking of matzoh. The outcome of this trial would have far reaching implications as it called into question the treatment of Jews worldwide. It is the "trial of the century" most people never heard of.	Ronelle Delmont	\$20	\$10
Social Activity	FIU at I-75	SA	6/3	1	10:00 AM	12:00 PM	Drawing for Longevity presented by AvMed	Introductory drawing class. This course is designed to increase hand/eye coordination, cognition, and memory through using art techniques - No art experience required. Just a willingness to exercise mental wellness. Exercising your creativity leads to increased quality of life as people age. Drawing has been shown to enhance memory recall and reduce anxiety. Regular practice has led to major improvements for those with moderate or severe depression. Creating art helps lower a person's pain perception and improves overall cognitive functioning. The research support many benefits for adults who partake in an art program. Moreover, drawing offers the opportunity to leave behind a legacy of art for those you love.	James Warwick	\$0	\$0
1-Time Lecture	PPJC	T	6/6	1	10:30 AM	12:00 PM	The Great Depression: Life in the 1930s	"The Great Depression: Life in the 1930s" examines the political, economic, social, and cultural impact of a decade in which millions of Americans – and people around the world – experienced despair and disruption. The multimedia presentation looks at the origins of the Great Depression, the rise of dictators such as Hitler and Mussolini, and how the onset of World War II affected the end of the Depression.	Michael Scheibach	\$20	\$10
1-Time Lecture	FIU at I-75	TH	6/8	1	10:30 AM	12:00 PM	A Guide to Cruising	Learn how to maximize your cruise experience from OLLI at FIU instructor and highly experienced cruiser, Dr. Fisher. He will share how to find discount cruises, explore best options for tours and dining, and learn to pick the cruise line best suited for your interests. Bring your questions as he will open the floor for an engaging conversation while sharing informative information to make the most of your next cruise. Session is appropriate for first-time cruisers through advanced cruisers.	Alan Fisher	\$10	\$5
1-Time Lecture	PPJC	T	6/20	1	10:30 AM	12:00 PM	Music Inspired by the Summer	Music inspired by the summer, the sounds of the sun, water, warmth, and celebration.	Alan Mason	\$20	\$10
1-Time Lecture	PPJC	T	6/27	1	10:30 AM	12:00 PM	Songs of Westward Expansion	When the American Revolution ended, the United States was just a narrow strip of land along the Atlantic Ocean. Throughout the nineteenth century, the boundaries of the country expanded as Americans pushed westward in pursuit of land, riches, and adventure. In this program, the songs of the people tell their story. The journey begins in Colonial America and follows the paths of the pioneers, sailors, immigrants, '49ers, farmers, slaves, soldiers, cowboys, homesteaders, and railroaders who moved the country across the continent and into the twentieth century.	Matthew Sabatella	\$20	\$10