

Answers to Questions that Matter

One-time Lectures



To register: 305-919-5900

Course

These one-time workshops invite you to pause and reflect to nurture new realities. We will learn from evidence-based data from some of the world's most remarkable minds and delve into provocative and inspiring guided conversations. Join us in this collaborative learning that is fun, promotes new social connections, is good for personal introspection, and enhances your wellbeing at any age.

Note: These are highly interactive workshops and each workshop will stand alone, so new participants are always welcome.

- Learn from experts
- Cultivate your well-being
- Make new friends

Details

Fridays

11/1, 11/8, & 11/15

10:30 am – 12:00 pm

\$30

11/01: Is identity assigned at birth, shaped by circumstance, or something we choose?

11/08: What do we understand when we truly listen?

11/15: What makes a good life?

Instructor

Miriam holds a Masters in Educational Psychology, a Masters in Clinical Social Work, and Post Graduate studies from Argentina. She is a licensed psychotherapist-coach in private practice lately focusing in working with men and women 50+. She is a frequent lecturer on the subjects of Positive Psychology, wellness, life transitions, and meaningful legacy. Miriam's teaching and workshops has been transforming those interested in exploring the full potential of the late life-stages.



at



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