

Life Beyond Clutter



To register: 305-919-5900

Course

A well-organized home reduces stress, improves health and energy levels, makes us more productive, and frees us up to focus on things that are important to us. Join professional organizer, Carmel Shami, as she offers insider tips and techniques for getting and staying organized. Learn how to declutter, why it is important for your mental and physical health, and how to find the inner courage and motivation to eliminate excess from your life.

This 4-part series will focus on:

- An introduction to organization
- Principles, techniques and tips for getting organized
- How to let go of sentimental items
- Time management and creating organizing habits for lasting results

Details

Thursdays

9/26, 10/3, 10/10, & 10/17

10:30 am – 12:00 pm

\$50

Instructor

Carmel Shami is a passionate and professional organizer whose approach incorporates five core principles values: understanding, creating, serving, educating and celebrating. Born and raised in Israel, Carmel has had the privilege of working as a social worker with seniors and bereaved families for more than a decade. She founded The Organizing Whisperer in 2015, with the goal of empowering people to “make room for good”. Carmel helps individuals transform their lives by becoming more organized and productive. She is specialized in organizing during grief, loss and, life’s transitions. Carmel is a proud member of the National Association of Productivity and Organizing Professionals (NAPO) and is certified as a Residential Organizer and Workplace Productivity specialist.



at



Osher Lifelong Learning Institute at FIU

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